

Tiptoe Foot Care

Chiropody and Podiatry - Price List

Nail cutting	£25
Routine chiropody	£40
Combined podiatry & 10 minutes reflexology	£50
Initial verruca assessment	£40
Ulcers and redressing	£40
Nail surgery	from £275
Temporary insoles	from £40
Permanent insoles	from £250
Home visits	from £50
15-minute taster reflexology session	£15
40-minute reflexology session	£45

Consultation and treatment is by appointment only, and is on a private basis. All fees are payable at the time of consultation.

*This price list operates for all branches except the Hendon Branch. Please call the Branch for more details.

24 hours notice is required for cancellation of an appointment otherwise a fee may be charged. We operate a 24-hour answering service.

CONTACT US TODAY TO MAKE AN APPOINTMENT

East Barnet Clinic
19 Longmore Avenue,
East Barnet,
Herts EN4 8AE
020 8441 4213

Potters Bar Clinic
AJ Dental Clinic
29 Southgate Road,
Potters Bar,
Herts EN6 5EA
01707 658654

Palmers Green Clinic
North London Health Centre,
Broomfield Avenue,
Palmers Green N13 4JJ
020 8886 3631

Hendon Clinic
Laboratory Spa & Health Club
1 Hall Lane
London NW4 4TJ
020 8201 5500

www.tiptoefootcare.com
HPC and State Registered Podiatrist

Your Guide to Toe Nail Correction - Wilde-Pedique Gel Nail System



Tiptoe
Foot Care

Your Feet in Our Hands

Toe nail correction - the Wilde-Pedique gel nail system

Our feet take a lot of stress and strain throughout the day and our toe nails share an equal amount of it. Therefore it is important to look after them.

Often people are embarrassed to show thick, discoloured or fungal nails when out or when on holiday.

Today, nail diseases can be treated permanently and successfully with nail cosmetic treatments. This has become possible by the development of modern corrective materials. The modern foot care **Wilde-Pedique nail gel system** is especially effective for the treatment in the studio of your individual problem.

What does modern toe nail correction actually mean?

The **Wilde-Pedique nail gel system** is a means to restore the toe nail partially or completely, thus providing an attractive cosmetic result.

The 1-phase resin is a light-curing synthetic resin which is cured in a light unit.

The **Wilde-Pedique nail gel system** is an elastic gel with antifungal properties which adjusts to the movements of the nails and feet. Thus the artificial nail feels completely natural, since it fits perfectly to the natural nail.

The **Wilde-Pedique nail gel system** can be used for cosmetic effects but is also used as follows:

- to treat a fungal nail infection whilst at the same time giving a cosmetically acceptable nail. This has the added benefit that the client is more likely to expose the feet to the air which helps in clearing the problem.
- to replace nails which have been lost e.g. due to sports. The nail bed can be kept open during the period of re-growth, minimising the risk of ingrown toe nails.
- to provide a prosthetic or false nail where the nail has been removed. Often where a nail has been surgically removed, a little of the nail re-grows. In these cases a false gel nail can be applied - this will not last as long as where there is a larger area on which to apply the gel, but it can often be used for say a special occasion. This will only work though if there is some residual nail left; the gel will not adhere to skin alone.
- to support a damaged nail e.g. where the nail has split or broken and is in danger of tearing and causing damage.
- where the nail has partially been removed due to a corn underneath the nail.

Four simple steps:



The nail before the treatment



*Step 1
One layer of Wilde-Pedique is applied onto the natural nail*



*Step 2
The nail is now modelled with Wilde-Pedique and the shape determined. The material is cured in a harmless light unit for two minutes.*



*Step 3
At the free end of the nail the light-curing French polish is applied and then cured in a special light unit for two minutes.*



*Step 4
Your nail is finished with a subtle surface shine.*



*The end result:
Your nail is finished and has a permanent French look.*

The gel nail grows out with the original nail, but in order to ensure a permanent and attractive result, the **Wilde-Pedique nail gel system** should be re-applied every three months. These nails can also be painted over with normal nail varnish without damaging the gel appearance underneath.

Who is this suitable for?

It is suitable for almost anyone, male and female. Whilst many women prefer a shiny or classic French finish, the gel can be left with a more natural matt finish which is more suitable for men or younger clients who have to observe school rules.

Price List

At the Tiptoe Clinics we offer treatment in restoring an individual or a full set of nails depending on your preference.

Single nail for toe nail correction	£60
Two nails for toe nail correction (40 minute appointment)	£75
Full set of toe nail correction (75 minutes appointment)	£90